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El Sutra Del Corazon (Spanish Edition)



Synopsis

Del Sutra del corazon se ha dicho que es el budismo condensado en unas pocas lineas. Tambien conocido como Sutra de la esencia de la sabiduria, es uno de los textos fundamentales del budismo. Escrito en sanscrito y datado alrededor del 350 a. de C., este brevisimo texto fue traducido prontamente al chino. Es de los pocos no atribuidos a Buda y su autor es desconocido aunque su ensenanza, que va mas alla de cualquier categoria conceptual, ha sido llamada con razon ""la madre de todos los budas"" / The Heart Sutra, originally a very short set of verses, was given in privacy. It was a message to one of Buddhas close disciples, Sariputra, and was specifically addressed to him.Â Over time, the Heart Sutra became one of Buddhism's core teachings. In these ten talks Osho presents the powerful message of these ancient wordsÂ and brings them to a modern audience one with different minds and needs than the original audiences of Buddha more than 2,500 years ago. Oshos message is not about Buddha the historical figure: instead, he addresses his readers and listeners and encourages them to discover their own inner reality, their own buddhahood. Like Buddhas, Oshos message is about meditation and meditation alone rely only on your meditation and nothing else. Osho also speaks on the seven chakras, the energy centers of the human body, and their corresponding relationships to the physical, psychosomatic, psychological, psychospiritual, spiritual, spiritual-transcendental, and transcendental aspects of human growth and consciousness.

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